Breast Imaging Ordering Guidelines

Please refer to your patient's most recent breast imaging report to confirm recommended study; patients recommended for follow-up *diagnostic* studies must complete those prior to *returning to screening*.



ULTRASOUND

Ultrasound only - If patient had previous mammo less than 6 months ago

Ultrasound for <30 years Radiologist will determine if mammography is needed.

Mastectomy site - ultrasound only.

BREAST MRI

Evaluation of Implant Integrity or Free silicon injections (non contrast).

Evaluation of recent diagnosis of breast cancer.

IF pre-certification required (PPO Insurance), please contact our offices for assistance.

Bloody discharge or spontaneous discharge.

SCREENING MAMMOGRAM

When you CAN do a screening mammogram:	When you CAN NOT do a screening mammogram:
Women over 40 years old with no problems. Women under 30 years old can have mammograms for pre-op (breast surgery).	Women under 30 years old, with the exception of pre-op or strong family history.
	Recent diagnosis of breast cancer or breast biopsy in the past 2 years.
Women under 30 but only if mother/sister was diagnosed with breast cancer or high risk of genetic gene.	Bilateral mastectomies or bilateral tram flap surgery.
Patients with unilateral breast with no problems.	Patient with new breast symptoms such as lumps, focal pain, discharge, acute inverted nipples and/or acute swelling or thickening of breast.
Breast implants/silicone injections.	Male patient with lump or pain.
General breast pain (bilateral/unilateral).	When a patient requires a follow-up ultrasound, a diagnostic mammogram is necessal for correlating with the ultrasound results.
Lactating women: Must nurse or pump 15 mins prior to exam.	

DIAGNOSTIC MAMMOGRAM

When you CAN do a diagnostic mammogram:	When you CAN NOT do a diagnostic mammogram:
Anyone over 30 years old with breast problems/symptoms	Anyone under 30 years old, unless approved by radiologist.
Recent diagnosis of breast cancer or breast biopsy in the past 2 years .	Bilateral mastectomies or bilateral tram flap surgery.
For short term follow-ups or additional imaging as recommended on	

previous mammogram.

Possible implant rupture.

Patient with new breast symptoms such as lumps, focal pain, discharge, acute inverted nipples and/or acute swelling or thickening of breast or localized pain.

Male patient (18 yrs>) with lump or pain.

PLEASE NOTE:

To avoid delays or the need for more imaging, we require both **PRIOR REPORTS AND IMAGES** if a patient needs additional images or a follow-up and they have been seen by a provider other than Centrelake Imaging.

Centrelake Locations: Anaheim • Chino • Covina • Downey El Monte • Hemet • Ontario • Pomona • Upland • West Covina

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