

### Patient Considerations for Ultrasound

#### Before the Exam

Patients are requested to follow certain preparation guidelines prior to your exam to guarantee that the test will generate the best results. If you have had previous exam upon the same body part/region, we ask you to bring prior films and/or reports for comparative analysis.

Exam Type	Preparations
Abdomen Liver Gallbladder Right Upper Quad	Nothing by mouth 8 hours prior to your exam. We require nothing by mouth for 8 hours prior to this exam. If the patient is Diabetic, requiring medically necessary medication, patient may take the medication with a <u>few</u> sips of water. Also request at the time of scheduling for a morning appointment.
Pelvic/Bladder Exams Obstetrical Prostate Kidney/Renal	Patients are required to drink <b>32 oz. of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
Renal Arterial Studies Renal Doppler	Nothing by mouth 8 hours prior to your exam. Patients are required to drink <b>32 oz. of water 1 hour prior</b> to your exam. <b>DO NOT</b> urinate prior to completion of exam.
Breast Ultrasound 30 years old or older	Patients are recommended to have a mammogram with or before your ultrasound procedure. Patients are <u>required</u> to bring your previous breast radiology images and reports.
Breast Ultrasound 29 years old or younger	No preparation required. Prescription or referring provider's notes must indicate the specific exam location and purpose of the study. Must also bring prior breast imaging at time of appointment.
The following examinations do not require any preparations: Carotids, Arterial, Venous, ABI, Testicular, Reflux, Infant hips, Soft Tissue & Thyroid exams	No preparation required. Prescription or referring provider's notes must indicate the specific exam location and purpose of the study.

#### During the Exam

The exam is completely painless. You may be asked to wear a gown that will be provided for you. Pressure may be applied during the exam to ensure accurate imaging. The length it takes for the procedure depends on the type of ultrasound exam you are undergoing. Exam duration usually ranges from **15-60 minutes**.

#### After the Exam

You may leave immediately and return to your normal activities after the exam.