

Full-Service, All Digital Imaging Network

Patient Considerations for Mammography

Before the Exam

At the time of scheduling, please inform us of any family or personal history of breast cancer, prior surgeries, biopsies, implants, hormone use, or breast feeding. (If patient is breast feeding, exam can still be completed but we ask patient to pump milk 30 prior to exam.)

We require that you bring prior films/CD and reports from previous mammograms or other breast procedures (biopsy, MRI, Ultrasound, etc.) Women who may be pregnant or breastfeeding **should always** inform their technologist.

During the Exam

Day of the exam, you are advised not to wear lotion, deodorant, perfume, or powder under your arms or on your breasts. If patient has long hair, please either wear hair up or bring something to put hair up.

You may be asked to wear a gown that will be provided for you.

You will be positioned near the imaging machine and your breast will be placed upon a small platform while a technologist compresses your breast. Images will be captured at this time. You will change positions slightly between captures. The process is repeated for the other breast. The test takes approximately **30 minutes**. For women with sensitive breasts, minor discomfort may occur from the compression applied during the test. Approximately 4-6 images will be taken during your test.

After the Exam

You may leave immediately and return to your normal activities after the exam.